



Since peace was restored in Mozambique back in 1992, the country has made good progress in improving the lives of its citizens and in generating growth. However, post-war bottlenecks in health service delivery, mainly due to shortage of human resources, low facility coverage and capacity constraints in health governance, persist and slow down progress. Additional challenges currently faced by the system remain, such as the high burden of infectious diseases including HIV/AIDS and the increase of non-communicable diseases.

In order to progress further, Mozambique needs to strengthen its efforts to promote a healthy lifestyle among the poor and bring health services closer to its 65% of rural population.

Wiwana Foundation, a newly created Mozambican NGO, works in the Districts of Ancyabe and Chiúre, in the Northern Province of Cabo Delgado, which is one of the poorest provinces with a total population of about 350.000 people and a high burden of diseases.

Health

Wiwana Foundation



Geographical focus:

Cabo Delgado Province,
Chiúre and Ancyabe Districts.

Target group:

Community health groups,
Provincial Health Directorate,
Wiwana Foundation.

Time-frame:

January 2013 - February 2016

Phase: 3

Budget:

CHF 1.830.000 - USD 2.000.000 - MZM 73.000.000

Implementing partners:

Wiwana Foundation

Partners:

Provincial Health Directorate, Solidarmed and other
Non-Governmental Organizations.

Responsible:

Helder Ntimane

E-mail: helder.ntimane@eda.admin.ch



Goal

Make the rural population of Chiúre and Ancuabe less vulnerable to disease and improve their health, with a particular focus on women's and child health.

Main Activities

- Formation and training of community health groups in various thematic modules (e.g.: malaria and fever, hygiene and sanitation, HIV/AIDS and Tuberculosis, maternal/child health and nutrition).
- Development of synergies both with the Provincial Health Directorate and other like-minded organizations in the Province.
- Build own institutional capacity of the newly created Wiwanana Foundation.

Impact

Health status of the whole population in the Districts of Chiúre and Ancuabe improves as well as the health seeking behaviour of the local population towards the formal health services.

Achieved results

- Health literacy in the targeted communities has improved significantly in the period 2009-2011.
- In 2011, 1/3 of all institutional births in both districts were referred to formal health services by a traditional birth attendant.
- There has been a 44% and an 11% increase in the out-patient consultations in Chiúre and Ancuabe respectively, indicating an increased use of health services in the project area.
- Since 2009, institutional birth rates increased by 15% and 111% in Chiúre and Ancuabe respectively.
- The legal transformation process from the project to a local NGO/Foundation has been successfully completed.

Results expected

- Provide communities with expertise to act autonomously in the prevention and treatment of diarrhoea, malaria, fevers, HIV / AIDS, tuberculosis, maternal and child health, ensuring balanced nutrition.
- Community members will increasingly use formal health services and there will be an improvement in the relationship between communities and officials of the formal health system.
- Foundation Wiwanana shall be empowered to manage and implement their activities in a professional manner and be able to diversify their sources of funding.

Beneficiaries

350.000 people in the two Districts, 30% of the total population of the Province, with a particular focus on the poor, women in reproductive age and children under 5 years of age.

Transversal themes

Gender is key component in the composition of the Wiwanana Foundation staff, with 60% men and 40% women, as well as in the monitoring matrix and tools. HIV/AIDS is one of the key thematic areas of the project.