



Schweizerische Botschaft in Russland

Dear compatriots,

An emergency situation could arise from many different causes such as natural disaster (fires, earthquake, storms etc.), man-made disaster (nuclear or chemical accidents) or terrorism.

The main responsibility for the precautions and assistance to its population lies with the competent authorities of the Russian Federation, Emercom (<http://www.mchs.gov.ru/eng/>).

However, the personal precautionary measures are of greatest importance and can be vital. Among them fall in particular the information (collect principle), preparation, as well as the behavior before, during and after a disaster or crises. **It is important that you assume responsibility for your own safety and take appropriate precautions.**

At the end of this letter, you will find important sources of information, websites and addresses which may come in useful when taking the necessary self-protection precautions.

You will find a current assessment of the security situation in each country on the DFA travel advice page (www.eda.admin.ch/reisehinweise).

In case of a crisis the Embassy will publish useful information on our Webpage: www.eda.admin.ch/moscow

The Embassy can generally be reached under the regular phone number **(+7 495) 258 38 30** and the emergency mobile phone number outside of regular working hours **(+7) (8)985 364 22 02** as well as the email-address mos.vertretung@eda.admin.ch.

It is essential that you inform the Embassy of any change of address. In order to enable us to contact you rapidly in case of emergency, please provide us with your e-mail address and you mobile phone number(s). Provided that the adequate means of communication are working in times of crises, we will be able to forward you important information by electronic mail or by SMS. During normal times, we will be able to send you the newsletter of the Embassy which is published periodically.

In case of a crisis the Embassy cannot guarantee that vital information will reach everyone in time, therefore you should also make every possible effort to keep in touch with your Embassy.

We thank you for taking note of the above.

With best regards,

The Team of the Embassy of Switzerland
Moscow



Prepare yourself

Emercom main page in English:
<http://www.mchs.gov.ru/eng/>

Emercom main page in Russian:
<http://www.mchs.gov.ru/>

How to act in an emergency

Emercom, Rules of conduct, translation in English by google:
http://translate.googleusercontent.com/translate_c?hl=de&rurl=translate.google.ch&sl=ru&tl=en&twu=1&u=http://www.culture.mchs.gov.ru/testing/%3FSID%3D6&usg=ALkJrhgvBzwhcWQtuaod9OjxD9Q-HsvWBq

Emercom, Rules of conduct in Russian:
<http://www.culture.mchs.gov.ru/testing/?SID=6>

Other Information Sources in case of an Emergency

Radio Russia: 66.44 MHz FM; 873 KHz MW; 261 KHz LW

Internet news in Russian:

Russiskaja Gazeta: www.rg.ru
Vesti 24: <http://www.vesti.ru/>
Pravda: www.pravda.ru

Internet news in English:

BBC: www.bbc.com/uk
CNN: www.cnn.com
Agence France Press: www.afp.com/en/
France 24: www.france24.com/en/
The Moscow Times: www.themoscowtimes.com
Russian Television: www.rt.com
Pravda: <http://english.pravda.ru/>