

Safeguard Young People



Project full name:

Safeguard Young People (SYP)

Priorities:

Strengthening State Institutions

Improving Youth Livelihoods

Phase II:

2024 – 2026

Total phase budget:

CHF 5,400,000

SDC contribution:

CHF 2,800,000

Location:

Dar es Salaam, Dodoma, Kigoma, Shinyanga, Simiyu and Zanzibar

Implementing partner:

United Nations Population Fund (UNFPA)

For more information:

Rasheed Leo Mbalamula,
Programme Officer - Youth & Skills Development
Tel: +255 22 266 63 29
Email:

rasheed.mbalamula@eda.admin.ch

Web:

<https://www.eda.admin.ch/daressalaam>

Project overview

For over a decade, the Safeguard Young People (SYP) programme has played an important role in UNFPA's work across East and Southern Africa. With support from the Swiss government and other donors, SYP has steadily expanded its reach, enabling millions of young people (ages 10-24) to lead safer, healthier lives. The programme addresses critical issues, including the prevention of sexually transmitted infections (STIs), reduction of early pregnancies, and the elimination of gender-based violence (GBV) and harmful practices.

SYP collaborates with a range of partners to foster meaningful change. It has contributed to strengthening policies on adolescent health and improving access to youth-friendly services. The programme also empowers young people by building their leadership skills and providing opportunities for their participation in decision-making processes.

SYP is committed to strengthening policies, laws, and accountability systems that promote young people's rights and equip them with the knowledge and agency to make informed choices. By working with governments, civil society, and youth-led organisations, the programme aims to expand access to quality, inclusive, and youth-friendly services - especially in sexual and reproductive health, gender-based violence prevention, and HIV. Through these efforts, SYP supports sustainable improvements that benefit young people and their communities.

Overall Goal

Young Tanzanians aged 10-24 are healthy, realise their full potential and participate in decision-making on matters affecting their lives and bodies.

Expected outcomes

- 1. Create an enabling environment:** Improved inclusive policies, legislation and accountability mechanisms at national and sub-national levels to promote and protect adolescents' and young people's rights, with a focus on sexual and reproductive health.
- 2. Strengthen demand:** Adolescents and young people use their knowledge, skills, and agency to make informed decisions and take positive actions regarding their bodies, lives and their futures.
- 3. Strengthen supply:** Increased equitable access to quality integrated sexual and reproductive health and rights (SRHR), GBV and HIV services that are gender-responsive, inclusive and adolescent- and youth-friendly.

PHASE I KEY RESULTS

- 9 national policy instruments developed or updated (including on youth development, life skills education, and male engagement).
- Comprehensive sexuality education was integrated into the curricula of all 54 Folk Development Colleges (annual reach: approximately 18,000 learners), with 216 education practitioners trained.
- 937 young people from 61 groups and 120 organisations trained in advocacy, leadership and entrepreneurship, 90 assumed decision-making or roles and 519 accessed government loans totalling USD 153,000.
- 211,253 out-of-school and 237,400 in-school young people reached with SRHR information through 290 trained peer educators, multi-media campaigns and other initiatives.
- 921,169 young people accessed a standard package of youth-friendly SRHR services through 225 trained service providers.
- 6 district-level health care centres refurbished to deliver youth-friendly services.

Beneficiaries

Primary: Adolescents and young people 10-24 years.

Secondary: Agents of change and community gatekeepers, including policymakers, teachers, health service providers, religious and traditional leaders, parents and guardians, media representatives, and youth leaders.